

Annual Report: 2023-24



PALLA Annual Report

Table of Contents

- 1. Contents**
- 2. About the Report**
- 3. About PALLA**
- 4. Message from the Executive Director**
- 5. Annual Overview**
- 6. Annual Scholarship**
- 7. Q1**
- 8. Q2**
- 9. Q3**
- 10. Q4**
- 11. For Additional Information**

PALLA Annual Report

About the Annual Report

This report is designed to highlight key data, events, and metrics for PALLA spanning the most recent academic year. The academic year runs from July 01-June 30 every year. The Annual Report is organized in several key sections:

1. Annual Overview
2. Annual Scholarship
3. Quarterly Reports

The annual report serves as a key document for PALLA quality improvement and strategic planning for the future. PALLA and its members will discuss key initiatives and outcomes highlighted in this report and develop goals and action plans for the upcoming year based on our discussion.

PALLA Annual Report

About PALLA

The Physician Assistant Leadership and Learning Academy (PALLA) is a Maryland state-wide PA workforce innovation initiative. Based at the University of Maryland, Baltimore, PALLA was founded in 2019, with a mission to advance PA education, research, policy, and practice in Maryland and beyond. We support and enhance PA programs, particularly in the areas of faculty and preceptor development, clinical site recruitment, student success, accreditation, and ongoing programmatic quality improvement. PALLA is a collaborative that seeks to strengthen and promote the Maryland PA workforce by increasing faculty capacity to educate the next generation of PA program graduates. Our vision is to create an inclusive learning community dedicated to excellence in education and professional development. As a think tank, PALLA performs research and advocacy on crucial topics in health professions education, health services and systems science. Leveraging both virtual and face-to-face teaching, PALLA offers a PA faculty pipeline fellowship, and preceptor academy that addresses some of the critical barriers in the development of the PA workforce in Maryland and beyond.

PALLA Team Members:

Gerald Kayingo, PHD, MBA, PA-C, DFAAPA- Executive Director, Assistant Dean and Professor

Shani Fleming, MS, MPH, PA-C- Associate Professor and Chief Equity, Diversity and Inclusion

Officer Jim Cawley, MPH, PA-C, DHL (Hon)- Professor and Scholar in Residence

Cara Felter, PT, DPT, MPH- Chief Learning Officer

Erin Hagar, MA, MFA- Senior Academic Support Coordinator

Eliza Healey- Academic Services Specialist

Aine McLaughlin, MS- Senior Strategic Communications Specialist

Emilie Ludeman, MSLIS- Research, Education and Outreach Librarian

Hyun-Jin Jun, PHD, MSW- Assistant Professor

Roisin Donegan, MS- Clinical Partnerships Coordinator

Andrew Stakem- Program Evaluation, Data Analytics and Accreditation Specialist

Victoria Trott, PA-C- Advocacy and Leadership Development Director

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Message from the Executive Director



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PALLA Is Growing

In an effort to more directly address the needs of PA Educators and practitioners within Maryland, PALLA has hired two new members to its team.

Chief Learning Officer:

Cara Felter, PT, DPT, MPH

Cara Felter is the Chief Learning Officer for PALLA and an Associate Professor in the Graduate School at the University of Maryland, Baltimore (UMB). She earned a Doctorate in Physical Therapy from Belmont University, and a Master of Public Health from the Johns Hopkins Bloomberg School of Public Health. She is board certified in Neurology and Pediatrics. Dr. Felter is an active member of the American Physical Therapy Association (APTA) at the state and national level. Dr. Felter advocates for building the next generation of health professions researchers and scholars by engaging students in the scholarship process. She is currently a PhD candidate in the Health Professions Education program at UMB.

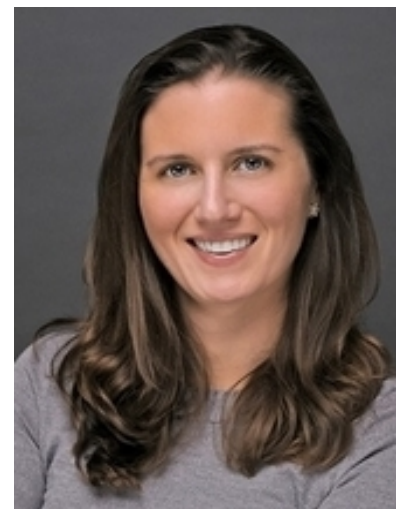


Advocacy and Leadership

Development Director

Victoria Trott, PA-C, MMS, AQH

Victoria Trott is the Advocacy and Leadership Development Director for PALLA. Victoria graduated from Washington College in 2009 with a Bachelor of Science degree in Psychology: Specializing in Behavioral Neuroscience and a Minor in Music. She decided to pursue her love of medicine and began the journey to become a physician assistant. After graduating from St. Francis University/AACC in 2013, she started her career in an outpatient neurology office working closely with patients suffering from headache conditions, predominately migraines. She has focused on creating a positive experience for patients by listening to their needs, educating the patient on their medical condition, and designing and implementing a plan that can improve their quality of life.



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Overview PALLA Events

Leadership

- Legislative Support for PA modernization act
- Collaboration on implementation process of PA modernization act
- Collaborated on inception of first PA/APN Leadership Consortium

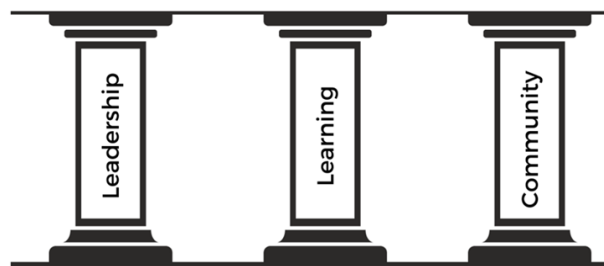
Learning

- Faculty Fellowship 23/24 Graduation
- Preceptor Fellowship Inaugural Cohort Graduation
- BRITE Study Completion
- 02/01 Simulation Training
- 2 Symposiums

Community

- 2023 MDAPA Conference Events
- Advisory Board Retreat
- Loan of Simulation Equipment to UMB PA program

PALLA  **BOLDLY Re-IMAGINED**
PA LEADERSHIP & LEARNING ACADEMY

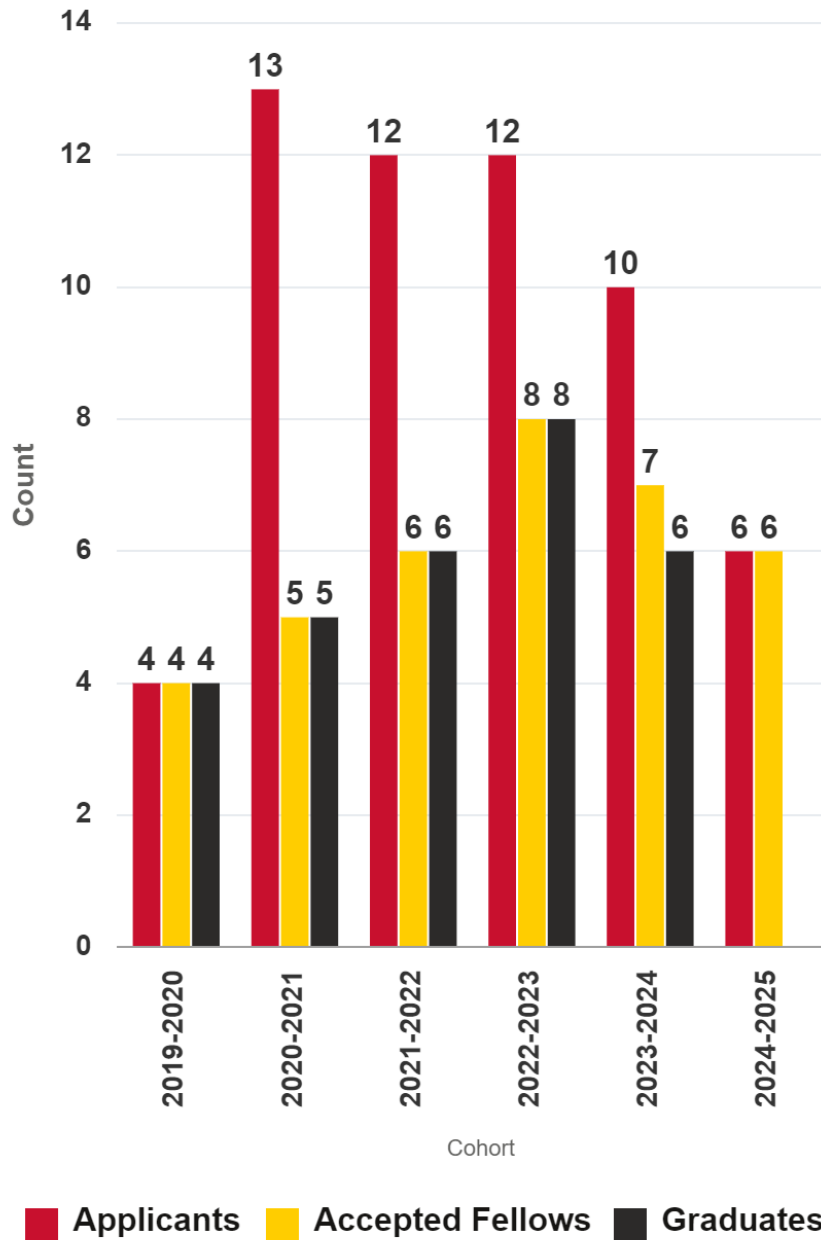


PALLA 
PA LEADERSHIP & LEARNING ACADEMY

PALLA Annual Report

Overview Faculty Fellowship

Applicants, Fellows and Graduates



17 of 23 alumni are in teaching or precepting roles (2020-2023 cohorts)

14 of 23 have worked as PA program faculty post-fellowship (2020-2023 cohorts)

66% of Fellows Produced Scholarship After Completing the Fellowship (2020-2023 cohorts)

33% of Graduates Teaching Clinically
 33% of Graduates Teaching in Academia
 33% of Graduates Teaching in Both Settings (2020-2023 cohorts)

*2 2024-25 Fellows deferred acceptance from 2023-24 application cycle

** 3 are participating in 24-25 Fellowship as an "audit"

PALLA 5 Year Celebration

Preceptor Fellowship

Inaugural Fellowship: 2023-2024



8 Fellows

1

- UMES Instructional Staff

2

- UMB Clinical Preceptors-
1 Existing, 1 New

1

- Preceptor is newly affiliated with a MD PA program through the AAPA/PAEA Clinical Preceptor Recognition Program



PALLA Annual Report

Maryland PA Report

PA Education and Practice in Maryland: Current Status, Opportunities & Challenges

We are very excited to launch our inaugural State of the Profession Report for Maryland. Our aim is to use it as a guide to advance the PA landscape within Maryland.

This report identifies the opportunities and challenges within the profession's milieu, and we identify potential interventions that can advance the profession. The future looks very bright, we are optimistic that this report will ignite transformational changes and that if we all work together, we can make PA education in Maryland a model in the country.

Dissemination
February 2024

Maryland PA Programs

- Program Leadership
- Faculty
- Staff

UMB Stakeholders

- University Leadership
- DMSc Program, HPE Programs
- University Newsletters

External Stakeholders

- National and Local Professional Organizations
- Regional PA programs
- Gray Literature
- PALLA Listserv
- Social Media

PALLA Annual Report

Sadler Distinguished Lecture Series

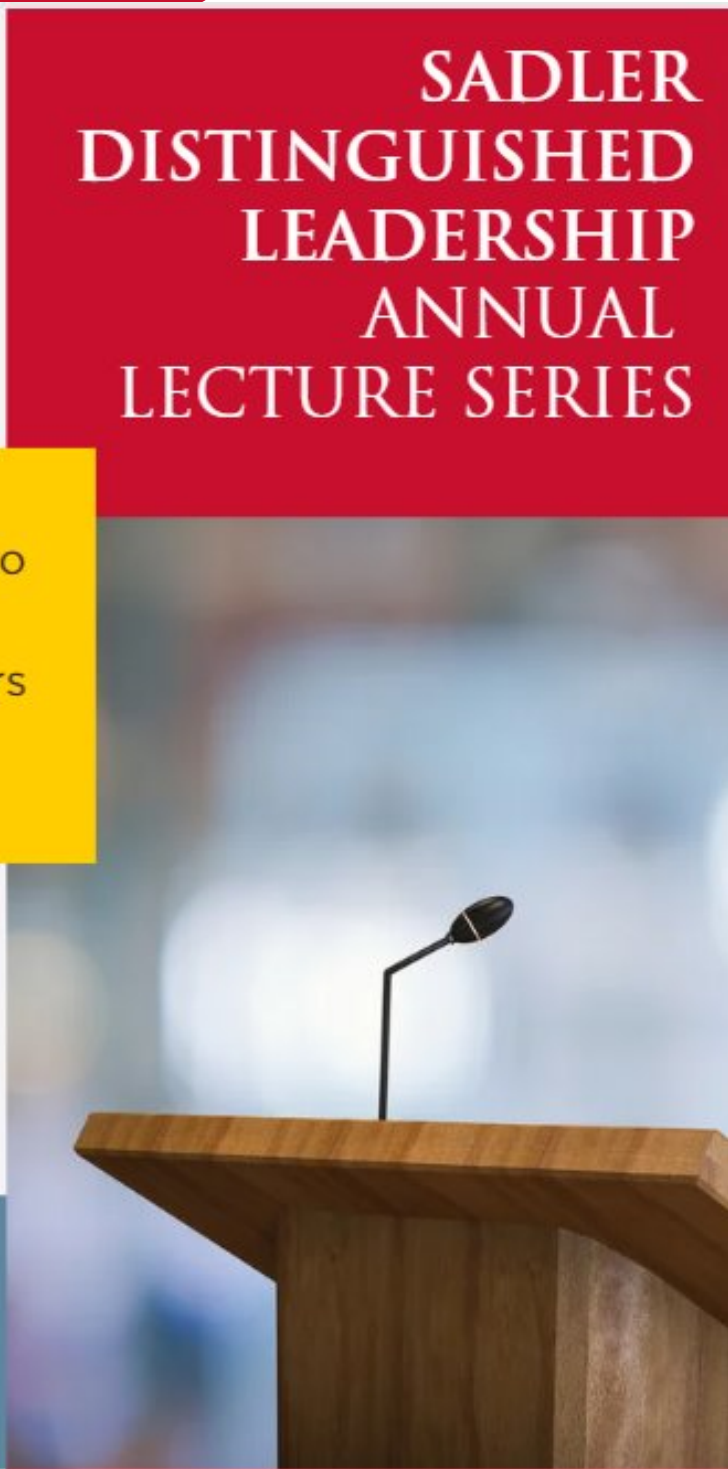


SADLER DISTINGUISHED LEADERSHIP ANNUAL LECTURE SERIES

The Sadler Distinguished Leadership Lecture Series aims to cultivate a new generation of healthcare leaders and innovators by featuring pioneers in health and human services leadership.

The Sadler Distinguished Speaker will give their keynote address at the graduation ceremony for the PALLA fellows in the presence of leaders in the medical education and practice community and leaders of various organizations and institutions in Maryland and beyond.

We are pleased to announce that Dawn Morton-Rias, Ed. D., PA-C. (President and CEO, NCCPA) and Marc A. Nivet, Ed.D., M.B.A. (Executive Vice President, UT Southwestern) have been named as the inaugural speakers for the 2024 series.



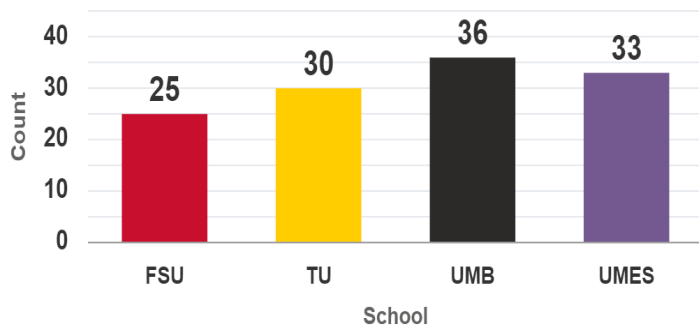
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Program PANCE Support

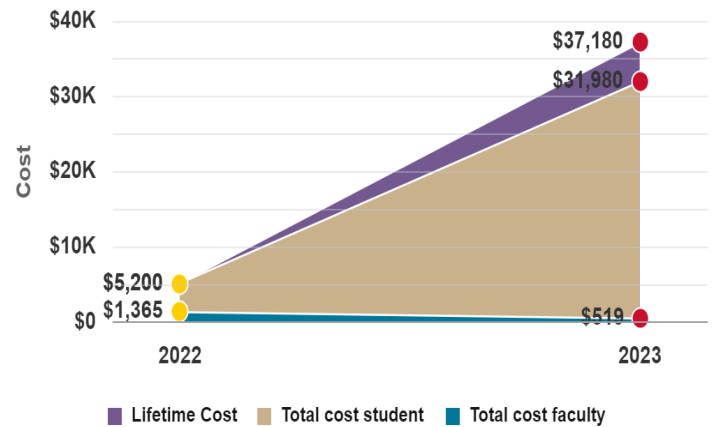
Courses Sponsored

Students (n)

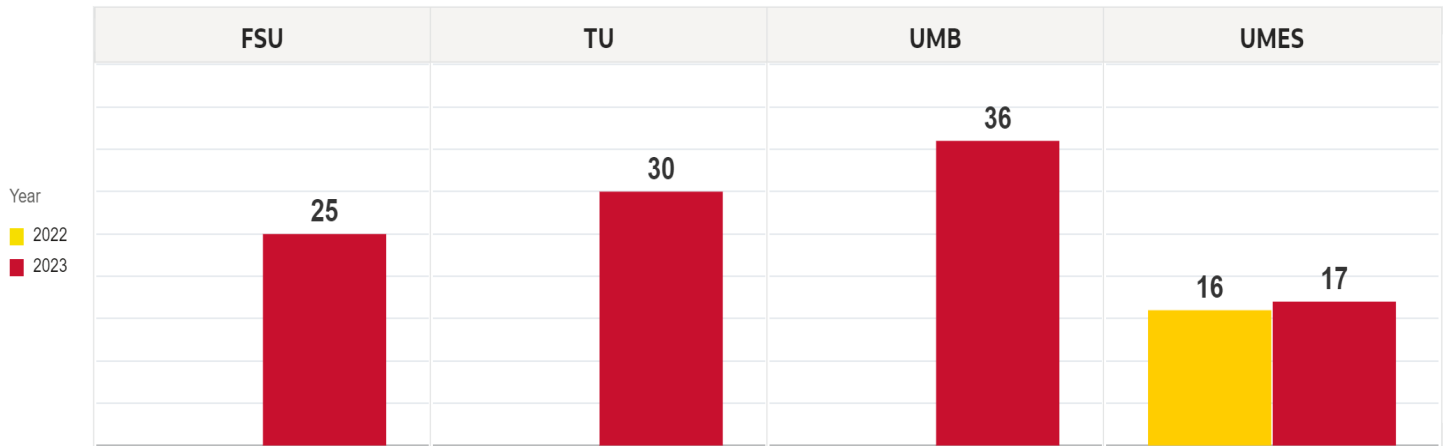
124



Cost by Year



Courses Sponsored by Year



School	2019 PANCE 1st Time	2020 PANCE 1st Time	2021 PANCE 1st Time	2022 PANCE 1st Time	2023 PANCE 1st Time
University of Maryland-Baltimore	97%	100%	97%	97%	86%
Towson University	79%	100%	91%	87%	97%
University of Maryland Eastern Shore				92%	94%
Frostburg State University			72%	83%	80%

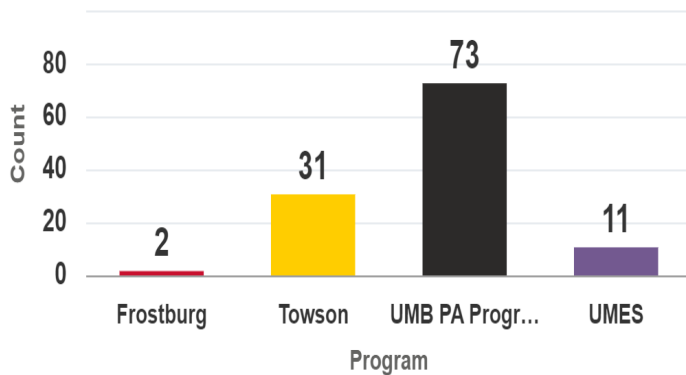
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AHA Telehealth Certificate Sponsorship

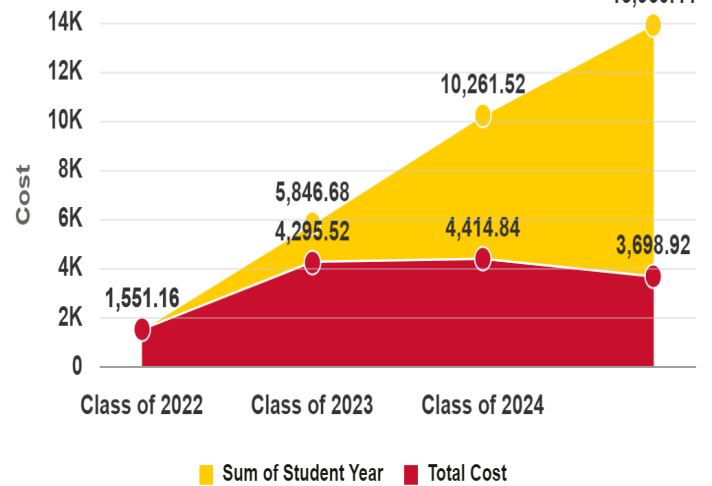
Completed Certificates Sponsored

Count Value

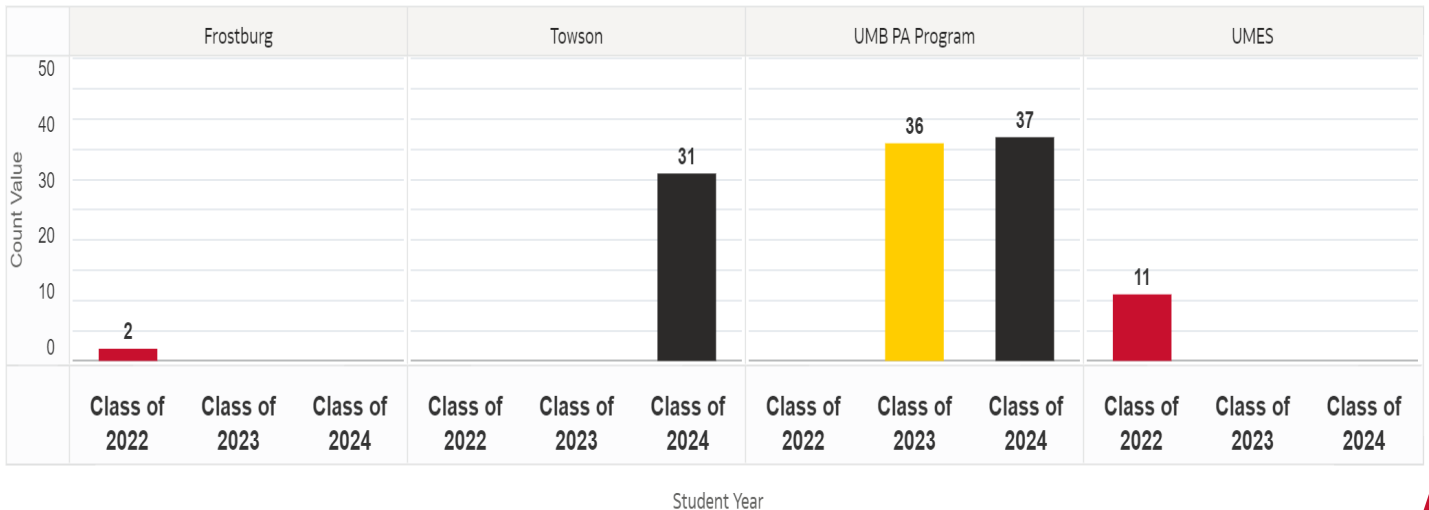
117



Cost and Sum of Cost by Student Year

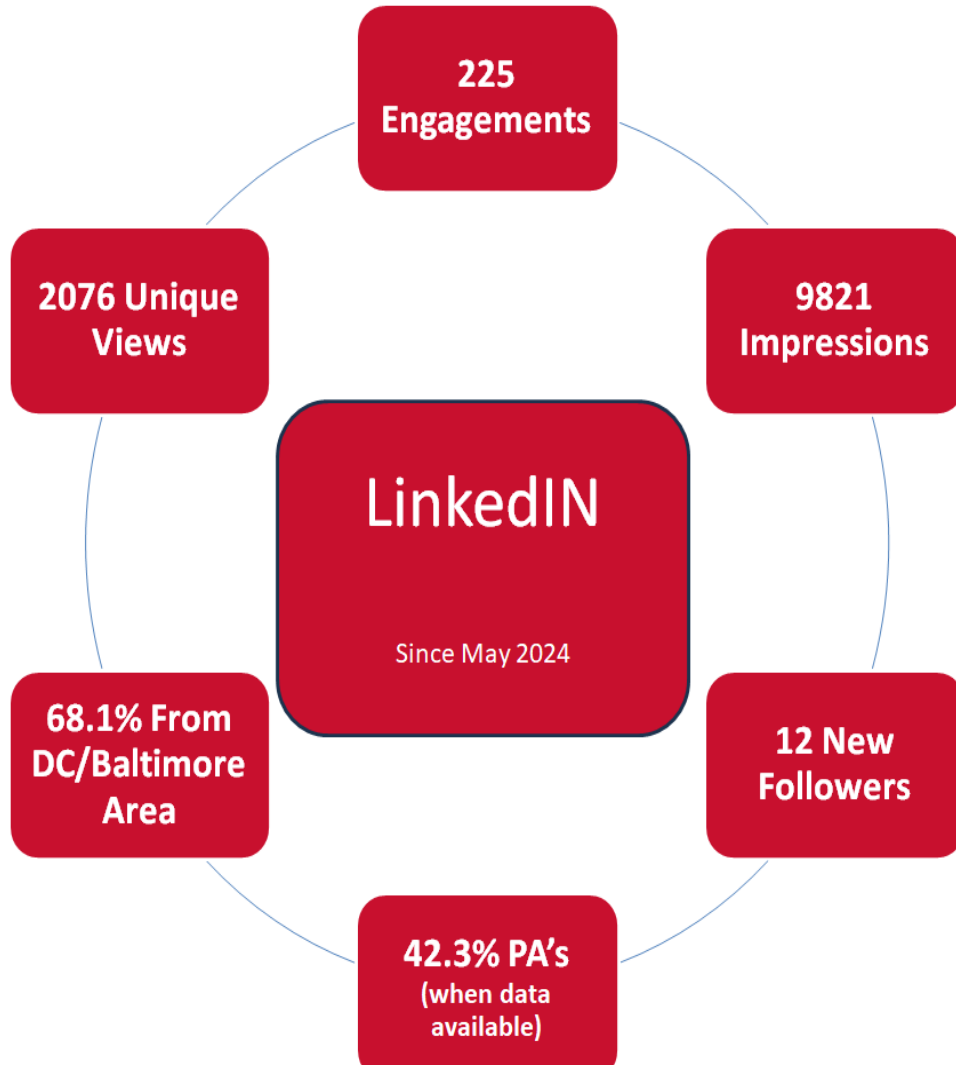


Certificates by Program Class



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LinkedIn Activity



Top Impressions

AAPA post of MD PA Modernization Act

• 911 Impressions

HELP-PA fellowship

• 675 Impressions

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Overview Scholarship

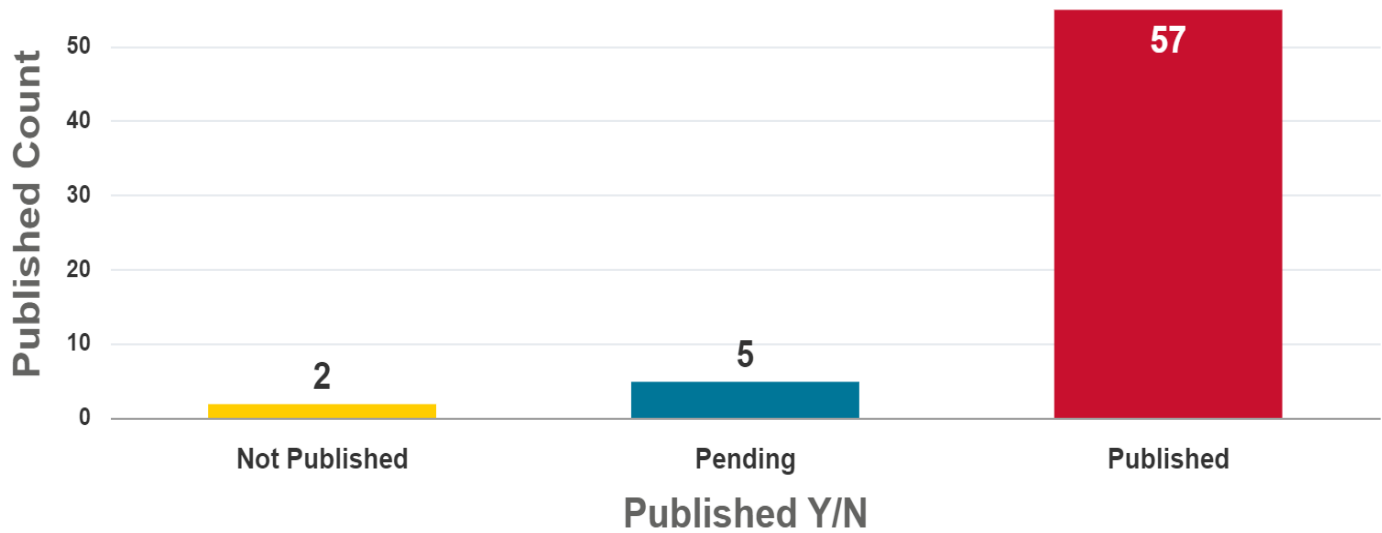
Scholarly Output 2023-2024

Articles	Books, Reports, etc.	Presentations, Posters, Panels	Grants
Submitted/ Accepted- 11	Book Chapters- 3	Presentations- 8	Total Submitted- 3
Published- 8	Editor- 0	Posters- 5	Total Awarded- 1
All Time Published Total- 64	Letter- 0	Panels- 0	Funding Submitted- \$3,050,000
	Reports- 0	All Time Total- 77	Funding Awarded- \$50,000
	Special Article- 1		All Time Total Submitted- 18
	All Time Total- 13		All Time Total Awarded- 11
			All Time Funding Awarded- \$482,555

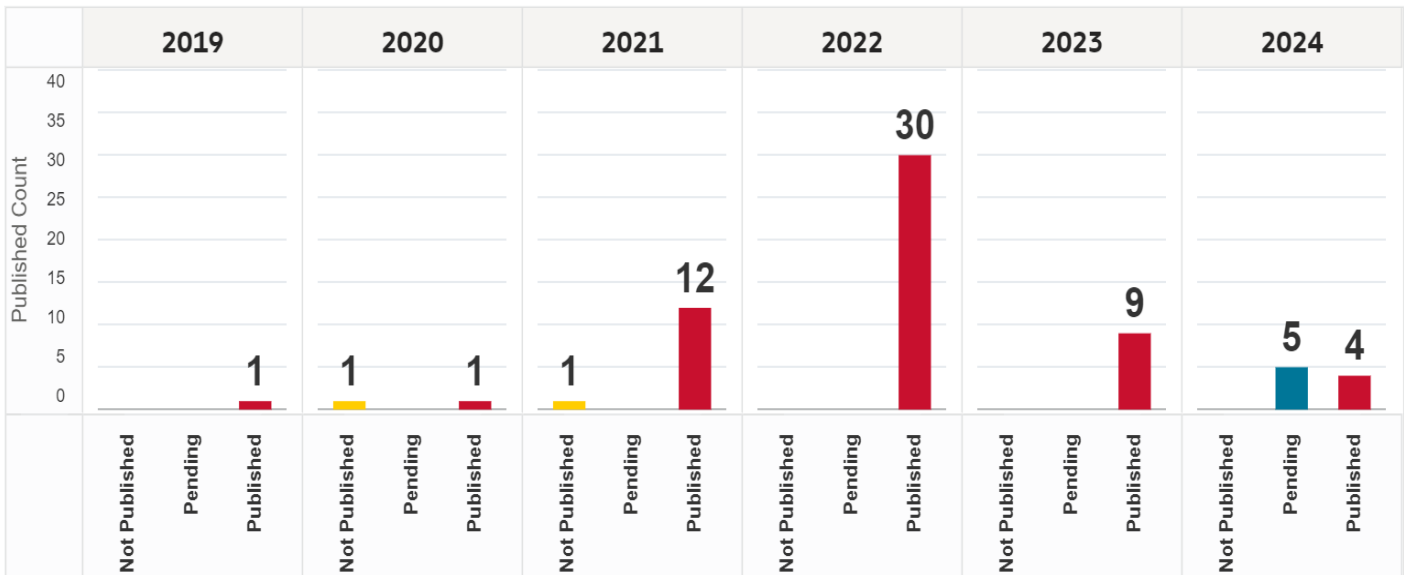
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Scholarly Output

Total Articles



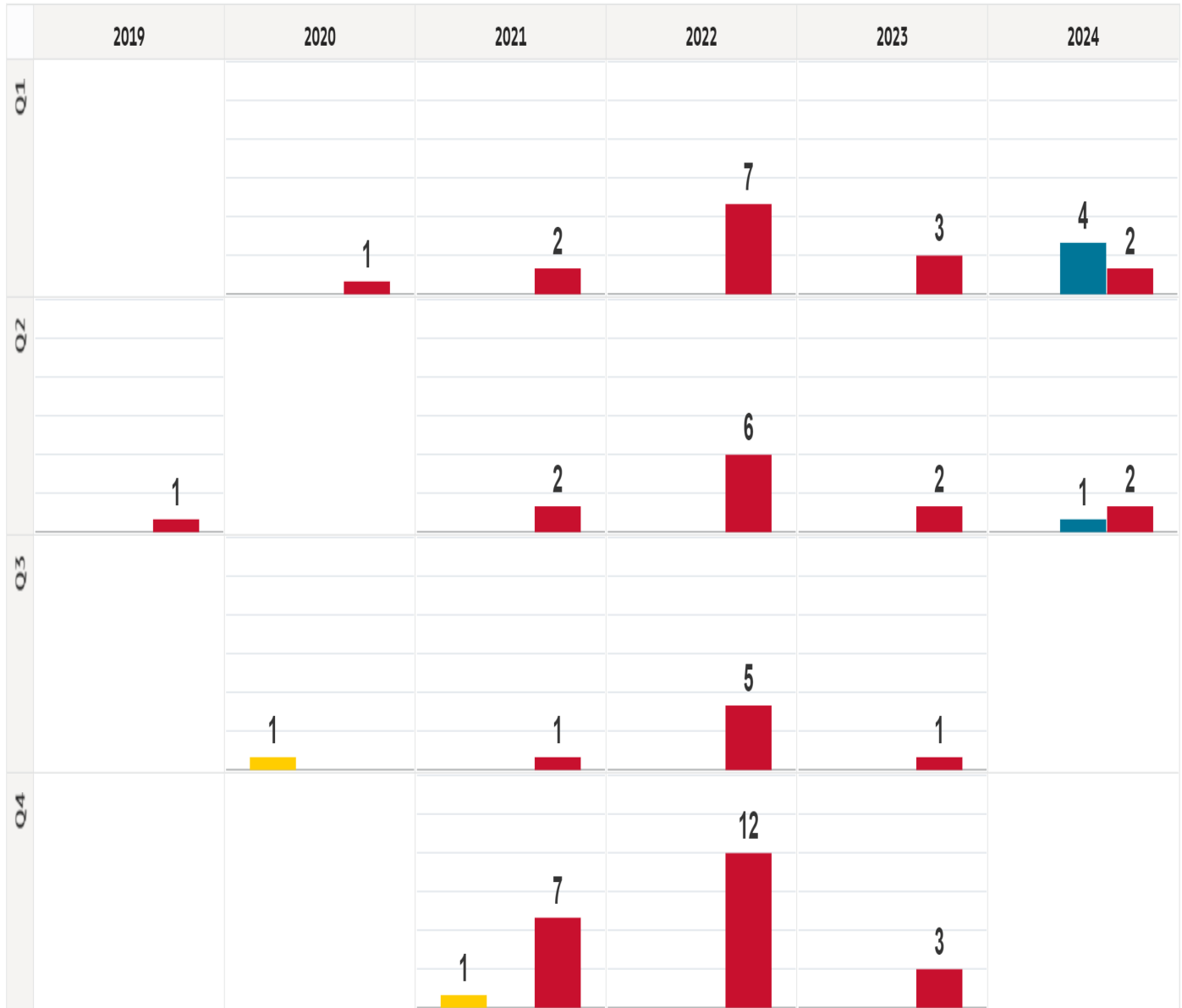
Articles by Year



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Quarterly Articles

Articles by Quarter

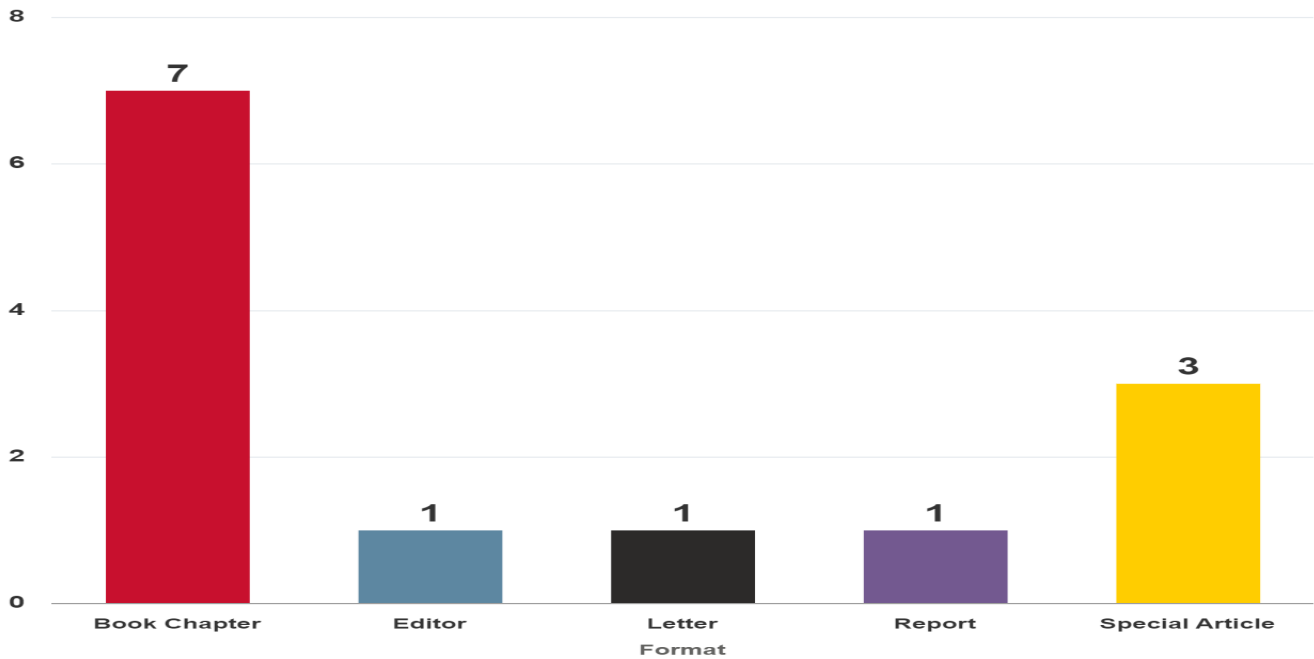


Published Y/N Not Published Pending Published

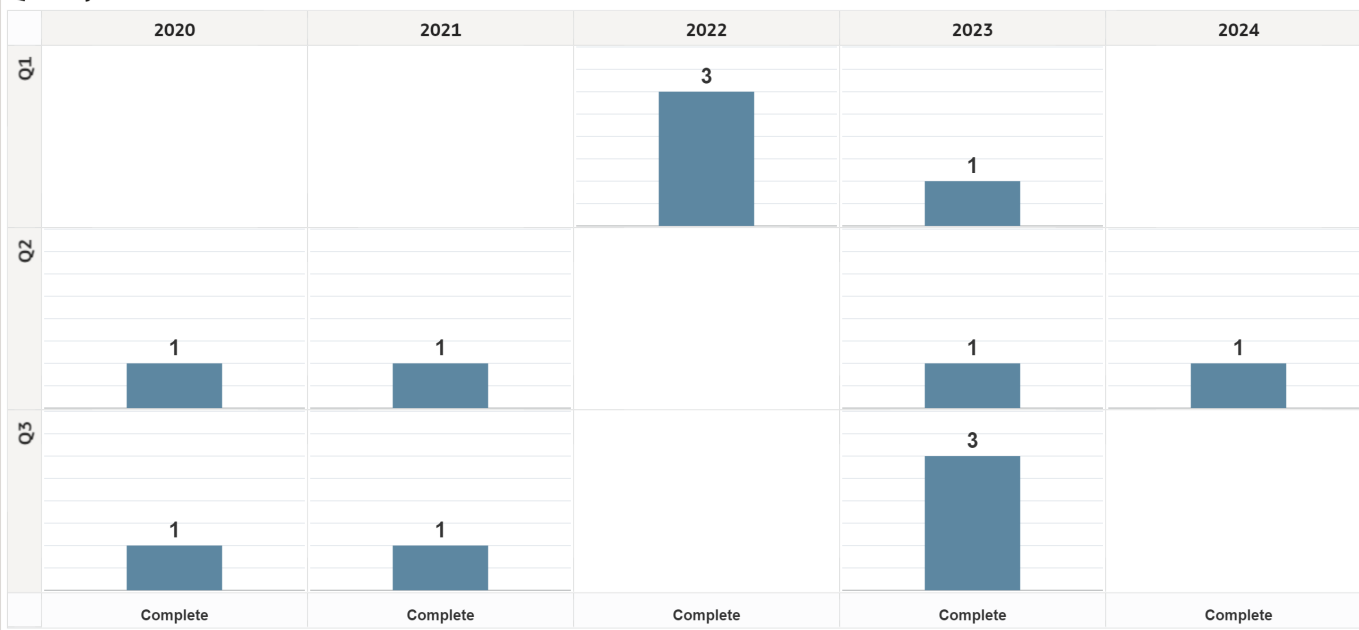
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Books, Reports, Etc.

Count by Publication Type



Quarterly Counts



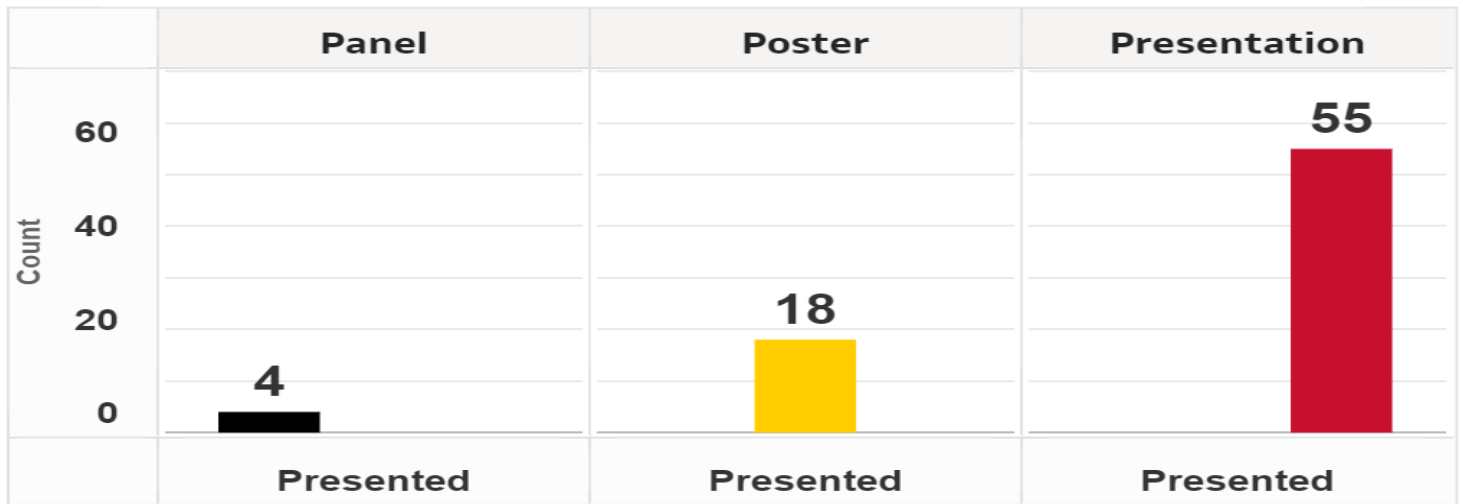
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Presentations

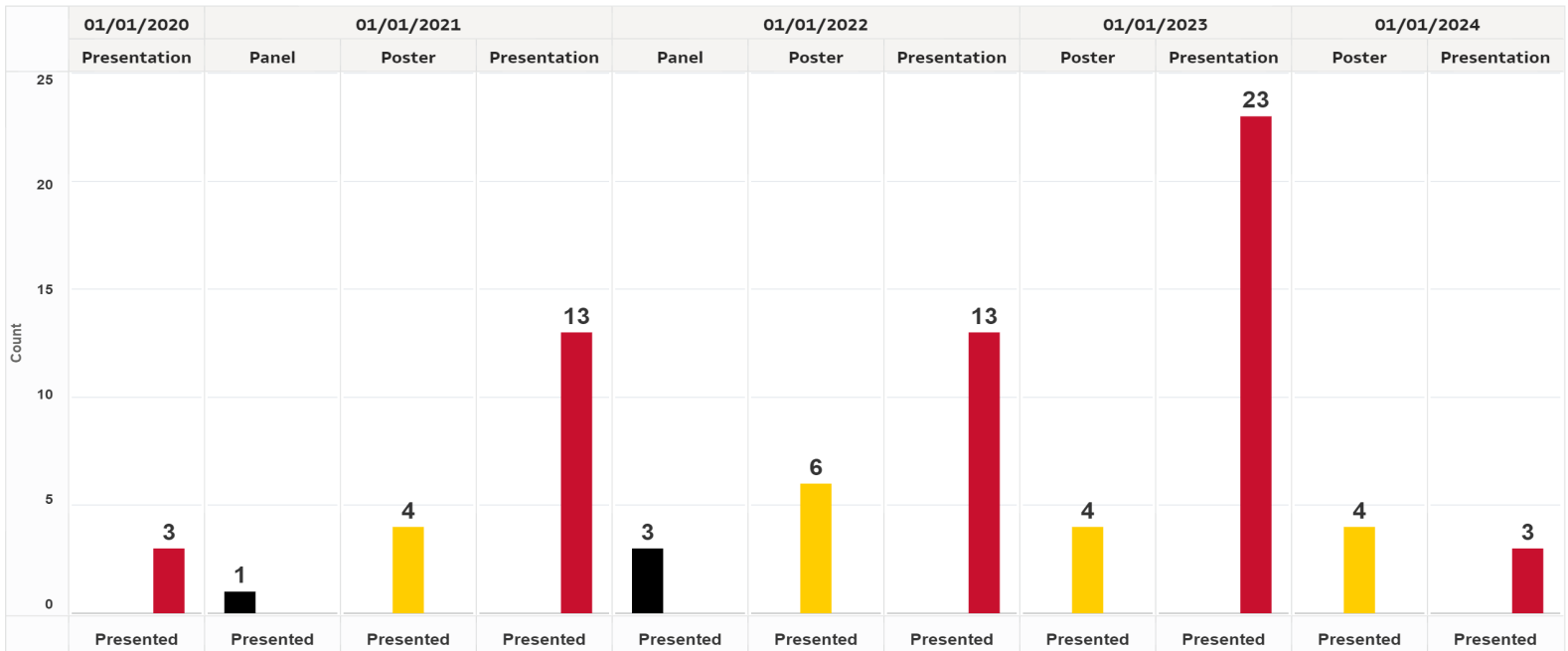
Presented and Accepted

Total

77



Presented by Year



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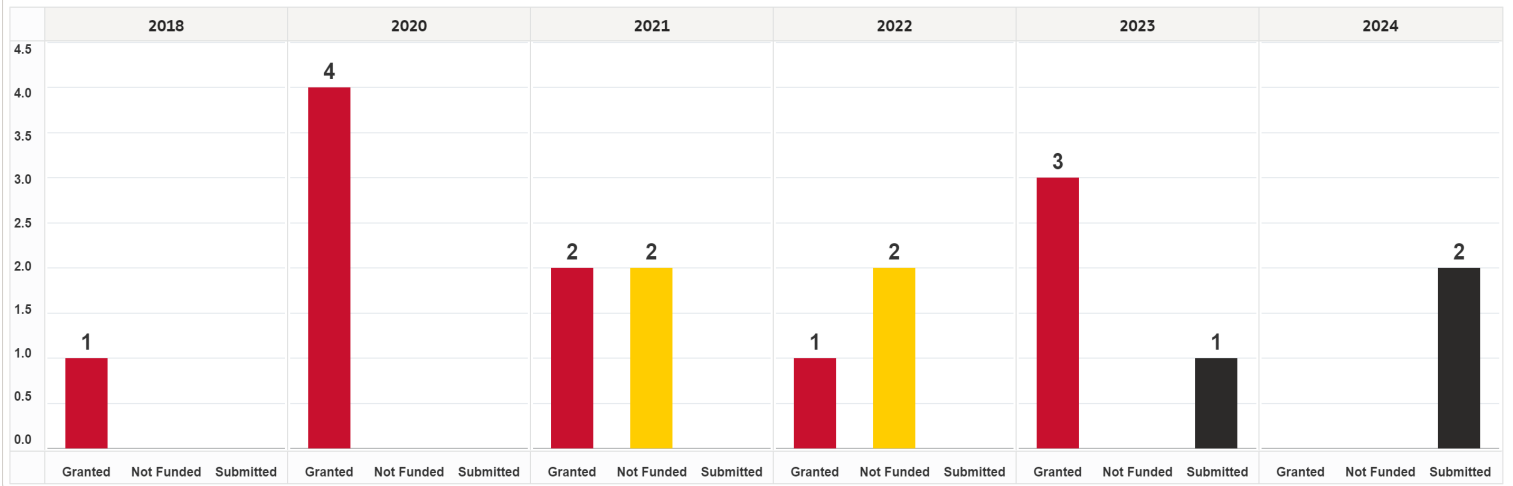
Grant Funding

Total Grant Funding Submitted: \$6,337,555

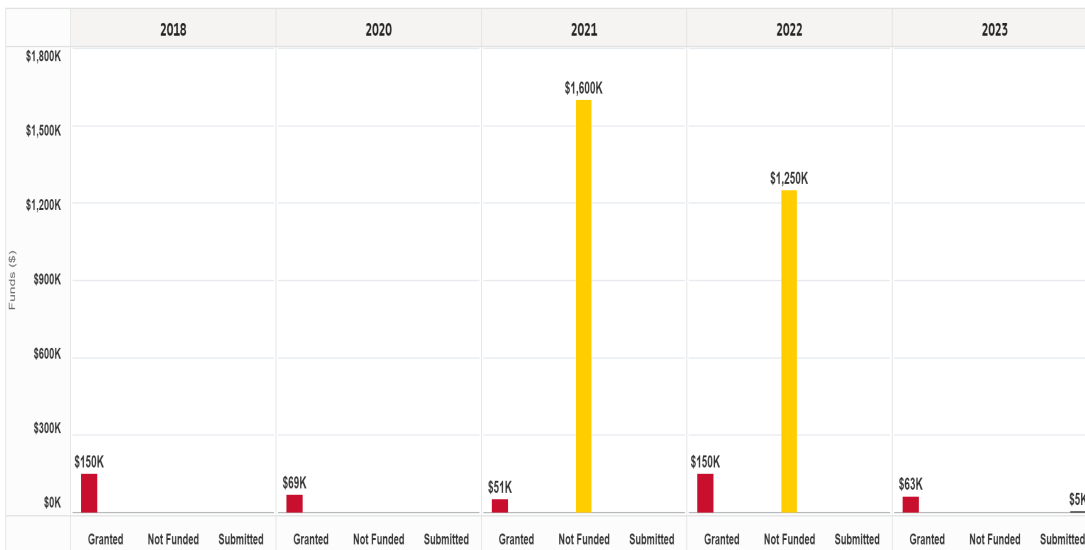
Total Grant Funding Awarded: \$482,555

Grants Submitted Per Year

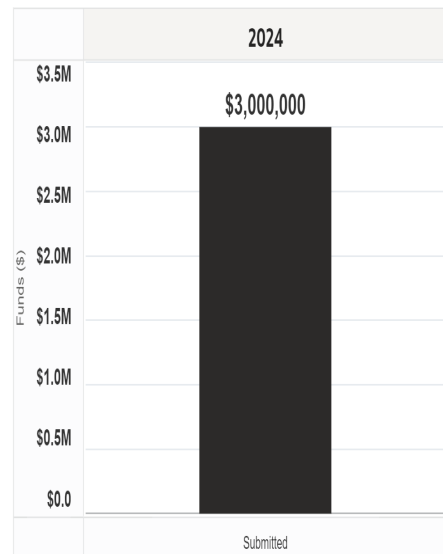
Total Submitted
18



Grant Funding Submitted Per Year



Grant Funding Submitted Per Year - 2024

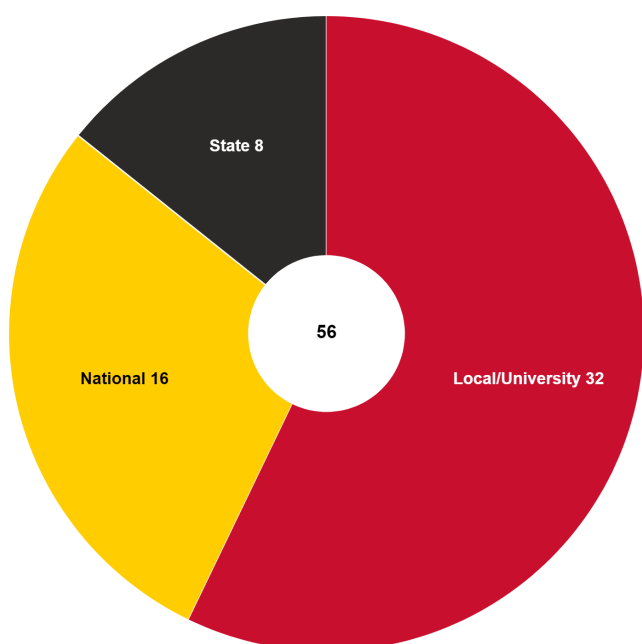


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Awards and Committees

PALLA Awards

Year	Recipient	Presenter	Award Title
2022	Jim Cawley	PAEA	Lifetime Achievement Award
2022	Shani Fleming	AAPA	Diversity Award
2023	Felicia Elvis (Former PALLA Fellow)	UMES PA Program	2023 Faculty Member Award
2023	Jim Cawley	AAPA	AAPA Publishing Scholarship Award
2023	Karen Gordes	LEAPS	Distinguished Educator Award for Outstanding Scholarship/Publication
2023	Kayingo+ Others	IAMSE	Best Presentation
2023	Roisin Donegan/Shani Fleming/Gerald Kayingo	JAAPA and Association of Postgraduate PA Programs (APPAP)	Poster Prize



Committees and Service

Local/University
State
National

Q1: 2023-24

Jul-Sep 2023



PALLA Annual Report

BRITE Study Phase 3

Phase III Re-Imagined

- Telehealth versus traditional
- Meta Analysis
- Retrospective Review**
- Simulated Experience**
- Day in the Life Part II

Randomized-controlled cross-over trial nested qualitative (Traditional vs. Telehealth Clinical Experience)

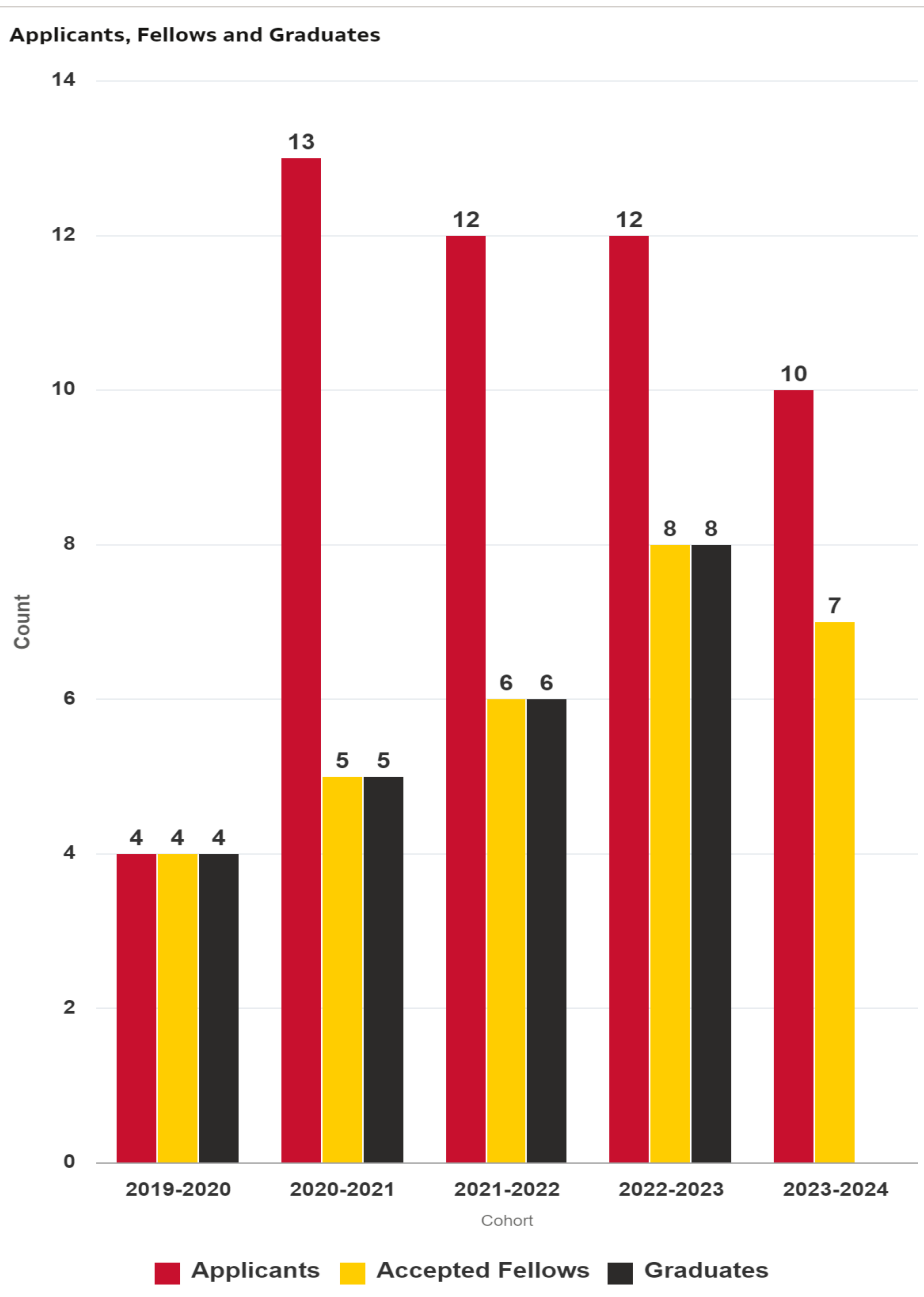


End of rotation exams, summative PAEA exam, student education logs, learning portfolios preceptor evaluations, surveys and interviews

PALLA Annual Report

2023-24 Faculty Fellowship Launch

The Annual PALLA Faculty Fellowship welcomed its cohort for 2023-2024 in September. The following information summarizes information about the cohort.



September 2023-May 2024

Fellows from:

Maryland (5)

West Virginia (1)

Oregon(1)

<https://www.graduate.umaryland.edu/palla/The-Fellowship/>

PALLA Annual Report

PALLA Mini Retreat

09/06/2024

10AM-2PM

Key Objectives and Deliverables

- Collective understanding of key issues in MD PA program
- Identifying solutions (STOP the Bleed)
- Developing an implementation plan and time plan

Outcomes/Action Items

1. Survey

2. Mini-report detailing what PALLA has done, (summarizing the landscape)

1. Going on-site, boots on the ground approach- not just surveying

2. Bring together PDs and deans in one space.

1. Leverage anchors

(Established local PA Leaders)

2. Coaching and Mentoring

Q2: 2023-24

Oct-Dec 2023



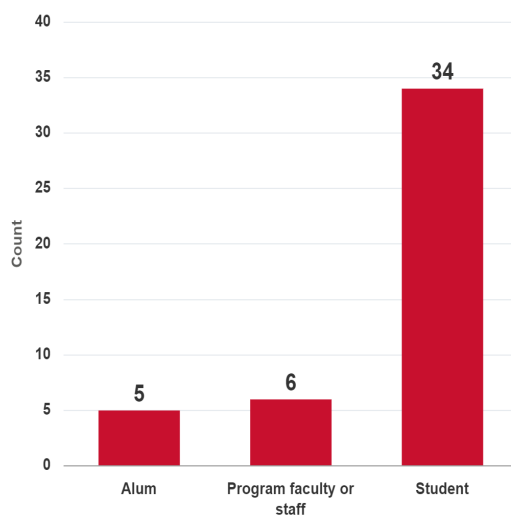
PALLA Annual Report

MDAPA Conference 2023

The following summarizes the events PALLA hosted in conjunction with the 2023 MDAPA annual conference in Ocean City, MD. The events included a PA social event as well as the inaugural MDAPA research hour and Preceptor Workshop for attendees.

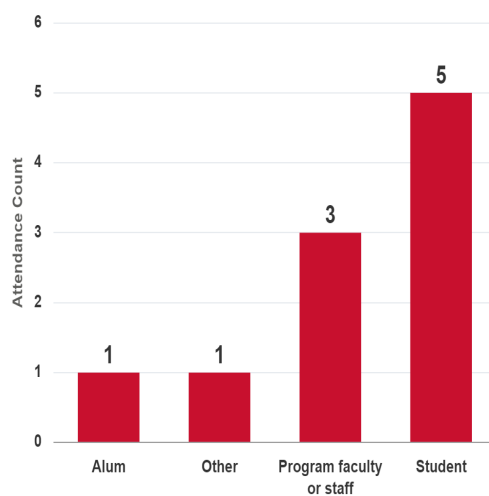
MDAPA PA Social

Attendees by Role



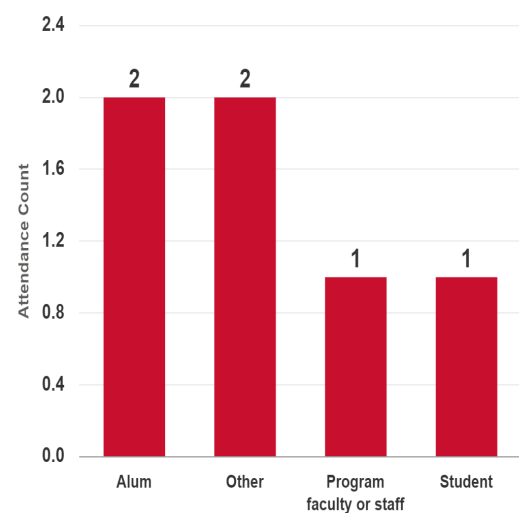
MDAPA Research Hour

Attendees by Role



MDAPA Preceptor Workshop

Attendees by Role



Research Hour Presentations

1. PA Doctoral Debate, Dr. Gerald Kayingo
2. Preceptor Academy, Victoria Trott
3. Diversity in PA Profession, Shani Fleming
4. Substance Abuse, Dr. Khaled Hasan



Q3: 2023-24

Jan-Mar 2023



PALLA Annual Report

PALLA Group Retreats

PALLA Team Retreat 01/14/2024

PALLA Advisory Board Retreat 01/24/2024

Theme: Advocacy, Leadership and
Organizational Development

Reflection,
Realignment,
Restructuring

Moving Forward
Boldly Together

Fellowship
Selection
Criteria

Improve
communication with
and between local PDs

PA Community Vision for
Advocacy, Leadership and
Organizational
Development

- Work proactively together to affect change in the PA Profession.
- Small contributions by all add up.

Identify Actionable Items
Based On PALLA PA
Report

- Faculty development addressing burnout and wellness
- Clinical sites and preceptors
- Create 1-pager with ROI for hospital systems taking clinical rotations
- Ongoing Self Study Training and Support

Discuss Student Success
and Remediation

- Appoint Student Success Coach
- Incorporation of Critical Thinking skills early on
- Pre-matriculation seminar: Graduate level student learning
- Early identification of learners at risk

PALLA Annual Report

PALLA Simulation Training

02/01/2024 -- 9AM-12PM

Maryland Bar Center

Led by Dixie Pennington, MSMS, CHSE, CHSOS

Attendees

4

Programs in Attendance

MSMU, FSU,
UMB DMSc,
PALLA Fellowship

Attendee Satisfaction

100%

Attendees who would Recommend

100%

UMB PA Program Simulation Lesson: 03/25/2024

Equipment loaned to UMB PA program for lesson led by, Erin Niles PA-C; Ken Pardoe MS, PA-C, NRP; Aaron Jacob MSHS, PA-C

PALLA Annual Report

Leadership and Advocacy

Legislative Support for HB806 and SB167

PALLA Legislative Presence

- MDAPA **Advocacy Day**
- Attended hearings at **MD House/Senate**. And **MD House Subcommittee**

Inter-Organizational Communications

- Communicated with **3 Gov't Affairs Officials at MD Universities**
- Secured **Written Testimony from PAEA**
- Confirmed **Written Testimony from 4 MD PA Programs**

Advocacy Documents

- Letter Template submitted to **MDAPA Legislative Committee** and **Gov't Affairs offices at MD Universities** for PA program use
- Created a **Briefing for MDAPA Legislative Director** and **MDAPA Legislative Lobbyist**

Survey to APP Leads within Maryland hospital systems.

Responses:

0% aware of any Maryland Specific PA Council

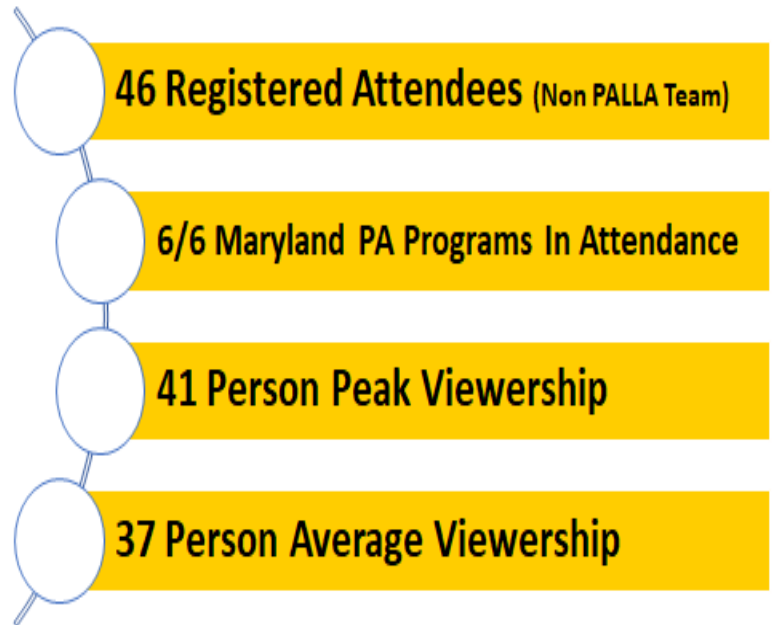
100% feel there is a place for a council and would be interested in one.



PALLA Annual Report

2024 PALLA Symposium

Overall Quality Rating



Sessions	Average Session Attendance	Attendee Indicated Knowledge Increase
Session #1 - The Basics of Remediation	36	100%
Session #2 - Changing the Remediation Paradigm for Students and Faculty	39	90%
Session #3 - Beyond the Books: Navigating Non-Academic Remediation	35	90%

Q4: 2023-24

Jan-Mar 2023



PALLA Annual Report

Faculty Fellowship 2023-2024 Completion

The graduation of the most recent cohort of the PALLA Faculty Fellowship occurred in May 2024. The fellowship features a longitudinal 8 month curriculum including university faculty mentorship and faculty centric learning sessions. The following are some highlights of the Fellowship and its outcomes.

7 Fellows/6 Graduates*

2 Fellows are current faculty at MD PA programs

Outcomes

- **3** Fellows in PA Education
- **2** Fellows Precepting

**Cohort Curricular Project-
BeJEDI: Belonging,
Justice, Equity, Diversity
and Inclusion**

Fellow Individual Projects:

1. Autoimmune Diseases & Nutrition- Susanna Abdelkarim
2. When Be JEDI Meets Remediation- Aurora A Maria
3. Development of an Urgent Care Onboarding Tool- Beth Boehme
4. The Role of Technology in Patient Education- Christine Fuller
5. Trends and Characteristics of U.S. PA- Specific Doctoral Programs- Aurielle Martin
6. Incorporating PAs into an NP Critical Care Fellowship- Erin Niles

Fellows From:

Maryland- 5

West Virginia- 1

Oregon- 1

* One Withdraw Passing

PALLA Annual Report

BRITE Study Completion

Building a Regional Center of Excellence for Optimizing Clinical Education: A Randomized-Controlled Crossover Study of an Innovative Telehealth Model for PA Programs

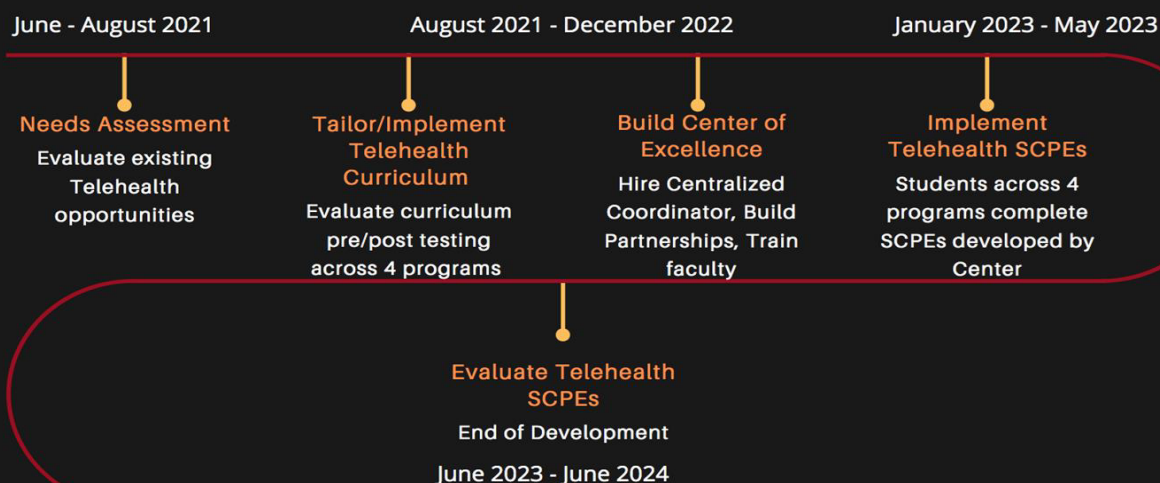
Key Research Questions

1. Can a regional clinical coordinating center of excellence enhance the capacity and effectiveness of PA clinical training experiences?
2. Are there differences in student performance on assessment metrics between traditional and telehealth clinical training experiences?
3. What impact would a telehealth clinical training experience have on the diversity of preceptors and learning experiences?

Major BRITE Outcomes

- AHA Telehealth Certificate available to Maryland PA Program Students
- Creation of a Clinical Center of Excellence
- Clinical Education Consortium
- Clinical Preceptor Academy
- And Many More. With Many More To Come...

BRITE TIMELINE OVERVIEW



PALLA Annual Report

Enhancing Preceptor Excellence Symposium

June 7th 2024 10AM-3PM EST

8 Sessions led by PA and health professions education leaders designed to bring new insight and strategy to precepting PA students

Interested in Precepting Students?

- Yes- 13
- Maybe- 5

Attendee Feedback

Meet the Learning Objectives?

92%
Agree

Likely to Change your Clinical Precepting Practices?

84%
Likely

Recommend to a Colleague?

96%
Likely

PALLA Annual Report

Leadership and Advocacy

PA Modernization Act Continued

**Attended Bill
Signing for PA
Modernization Act
05/16/2024**

**Collaboration and
Engagement on
Implementation of PA
Modernization Act**

- 1. MDAPA**
- 2. MD PA Program
Directors**
- 3. Healthcare System**

Maryland PA/APN Leadership Consortium

- Collaboration with
MDAPA**
- First Meeting Date
Set August 2024**

**Facilitated meetings
between PALLA and
Hospital System
Leadership Regarding
Clinical Sites**

- President/CMO MedStar St.
Mary's Hospital 06/18/2024**

PALLA Annual Report

For Additional Information

Please visit us online:

<https://www.graduate.umaryland.edu/palla/>

To stay up to date on all PALLA Events
bookmark our Events Calendar:

<https://www.graduate.umaryland.edu/palla/Calendar/>

To be added to the PALLA Pearls Email
ListServe please click: [PALLA Pearls](#)

Follow us on LinkedIn:

<https://www.linkedin.com/in/umbpalla/>

**PALLA- Supporting PA Education and
Practice since 2019**